



CAMC Teays Valley Hospital

2018 Community Benefit Report and Report on 2018-2020 Implementation Strategies



The Community Benefit Report is made available to the public via the CAMC Health System website at www.camc.org and is available upon request from the hospital facility.

2018 COMMUNITY BENEFIT SUMMARY CAMC TEAYS VALLEY HOSPITAL

CAMC Teays Valley Hospital became the fourth hospital of Charleston Area Medical Center, Inc. (CAMC) in March 2014. Although each CAMC hospital is licensed separately, all hospitals share one tax identification number and one provider number. CAMC has one administrative, support, planning and financial structure. As a result, CAMC Teays Valley Hospital community benefit financial reporting for Financial Assistance at Cost and Government Sponsored Means-Tested Health Care Shortfalls are reported as part of the Charleston Area Medical Center 2018 Community Benefit Report.

COMMUNITY BENEFIT PROGRAMS AND SERVICES

See details beginning on page 10.

Community Health Improvement Services	\$95,300
Financial and In-Kind Contributions	\$26,514
Community Building Activities	\$22,091
Community Benefit Operations	\$3,325

TOTAL \$147,230

CAMC Teays Valley Hospital Hurricane, West Virginia

2018 Community Benefit Report and Report on 2018-2020 Implementation Strategies Executive Summary

This community benefit report describes the programs and services that take place every day at CAMC Teays Valley Hospital to improve the health of our community. Our programs and services go well beyond the traditional health care we think of when we consider hospital care and are delivered both inside and outside the walls of our hospitals. They are driven by our mission, *Striving to provide the best health care to every patient, every day.*

CAMC Teays Valley Hospital became the fourth hospital of Charleston Area Medical Center, Inc. (CAMC) in March 2014. Although each CAMC hospital is licensed separately, all hospitals share one tax identification number and one provider number. CAMC has one administrative, support, planning and financial structure. As a result, CAMC Teays Valley Hospital community benefit financial reporting for Financial Assistance at Cost and Government Sponsored Means-Tested Health Care Shortfalls are reported as part of the Charleston Area Medical Center 2018 Community Benefit Report.

This report contains CAMC Teays Valley Hospital's 2018 report on its 2018-2020 Implementation Strategies.

CAMC Teays Valley Hospital is a 70 bed general acute care hospital in Hurricane, Putnam County, West Virginia. CAMC Teays Valley Hospital provides cardiology, family practice, surgical and endoscopy services, endocrinology, internal medicine, medical intensive care, ophthalmology, nephrology, neurology, orthopedics, pain, pulmonary, radiology, urology and wound care services as well as emergency care, outpatient lab, radiology, physical therapy, hyperbaric oxygen therapy and ambulatory infusion services.

The residents of Putnam County depend on CAMC Teays Valley Hospital to provide convenient, quality and compassionate care – care delivered regardless of a patient's ability to pay.

We give back to our community because we understand the impact that medical care provided locally in our community as well as charity care, education, corporate contributions and community partnerships have on the lives of the people in our community. In this report, you will read about examples of the programs we provide to the community and how we demonstrate our community commitment.



CAMC Teays Valley Hospital 2018 Community Benefit Report and Report on 2018-2020 Community Implementation Strategies

OVERVIEW and MISSION

CAMC Teays Valley Hospital focuses on the health of our patients and our community. Our mission is ***“Striving to provide the best health care to every patient, every day.”***

Our vision and values also show our commitment to our community:

Charleston Area Medical Center, the best health care provider and teaching hospital in West Virginia, is recognized as the:

- **Best place to receive patient-centered care.**
- **Best place to work.**
- **Best place to practice medicine.**
- **Best place to learn.**
- **Best place to refer patients.**

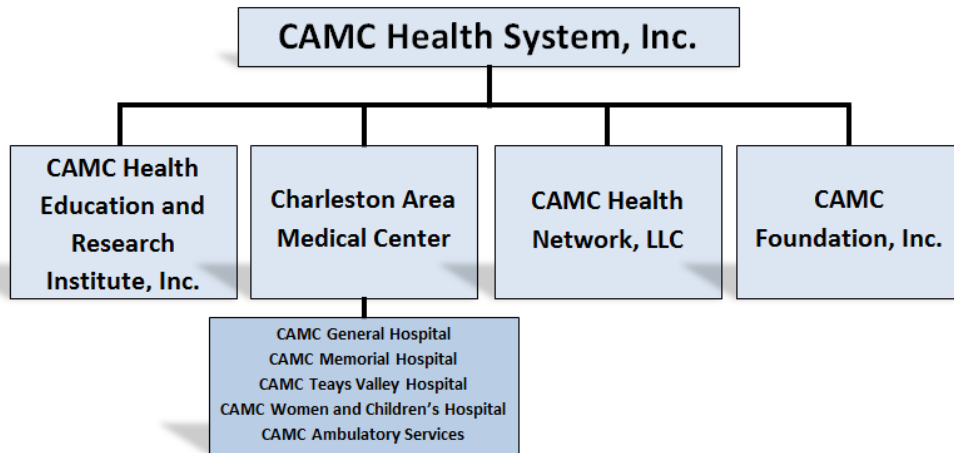
Values: **Quality, Service with Compassion, Respect, Integrity, Stewardship, Safety**



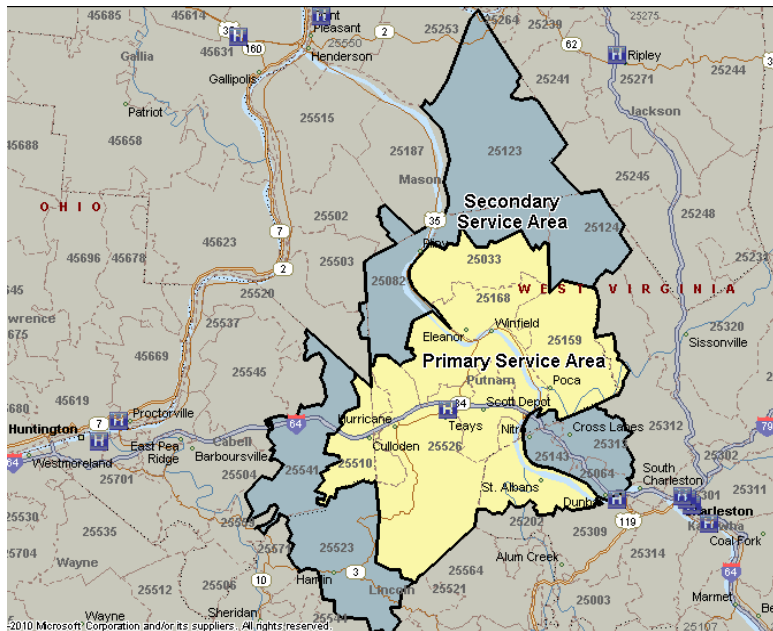
Nearly 400 nurses and non-clinical staff serve the residents of Putnam County with emergency services and other specialized care including cardiology, family practice, surgical and endoscopy services, infectious disease, internal medicine, medical intensive care, ophthalmology, nephrology, neurology, oncology, orthopedics, pain, pulmonary, radiology, urology and wound care services as well as emergency, outpatient lab and radiology, physical therapy, and ambulatory infusion.

In 2018, CAMC Teays had 2,180 inpatient admissions, 57,128 outpatient visits, and 19,119 visits to our Emergency Department. CAMC Teays inpatient payer mix is 65.5% Medicare, 17.1 Medicaid, 11.8% Commercial, 1.2% Self Pay, and 4.4% Other.

CAMC Teays Valley Hospital is one of four hospitals comprising Charleston Area Medical Center. Although licensed separately, these four hospitals have one tax identification number and one provider number. CAMC has one administrative, support, planning and financial structure for Charleston Area Medical Center.



For community benefit purposes, CAMC Teays Valley Hospital, as a community hospital, completes a community needs assessment for its service area of Putnam County. The community needs assessment is completed in conjunction with other community organizations in Putnam County.



COMMUNITY BENEFIT

The residents of Putnam County depend on CAMC Teays Valley Hospital to provide convenient, quality and compassionate care – care delivered regardless of a patient’s ability to pay.

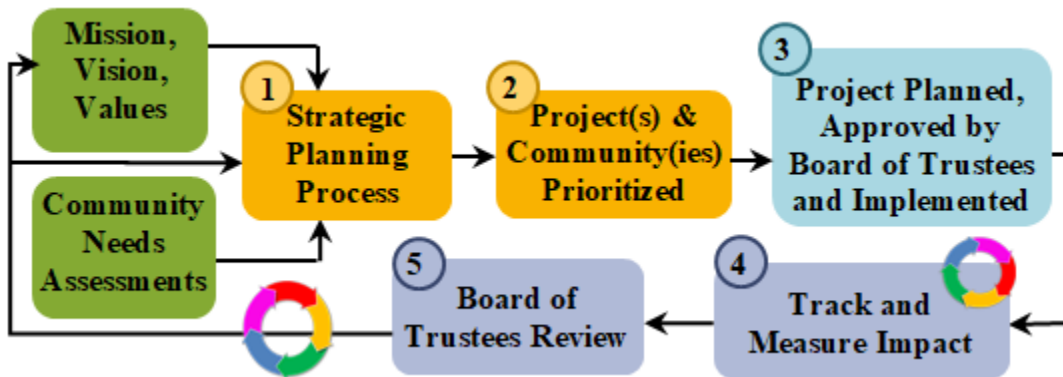
Our programs and services go well beyond the traditional health care we think of when we consider hospital care and are delivered both inside and outside the walls of our hospitals. They are driven by our mission, *Striving to provide the best health care to every patient, every day.*

Community benefits are programs or activities that provide treatment or promote health and healing as a response to identified community needs and meet at least one of the following community benefit criteria:

- *Improves access to health care services.*
- *Enhances public health.*
- *Advances knowledge through education or research.*
- *Relieves or reduces a burden of government to improve health.*

Webinar, The Benefits of Community Benefit Accounting, Catholic Health Association, 2017

The following outlines CAMC Teays Valley Hospital’s community support process:



CAMC Teays Valley Hospital supports and strengthens the Putnam County community through our annual planning process ① where we review the needs assessment findings and priorities to develop our community strategy and the community(ies) within Putnam County that are impacted. ② This strategy is based on issues identified through the needs assessment process and supplemented with findings from review of our internal data. Strategies are identified and plans are funded, implemented, ③ tracked and measured ④. The CAMC Board Planning and Public Policy Committee and the CAMC Board of Trustees approve the plan and review plan progress annually ⑤. In addition to addressing community needs and contributing financially, CAMC Teays’ Vice President/Administrator and Associate Administrator serve in key leadership roles for community activities, programs and organizations as well as support the workforce in participating in many community benefit activities.

As part of the strategic planning process, CAMC Teays determines if there are additional areas of support that can be provided to address the identified community health needs assessment issues. The following table lists programs and support already in place provided by CAMC Teays Valley Hospital that address these community priorities, and are identified and funded as part of operational and community benefit planning by the CAMC Board of Trustees.

	NEED ADDRESSED BY CAMC TEAYS VALLEY HOSPITAL	RANKING SCORE	How Addressed by CAMC Teays Valley Hospital
#1	Overweight/Obesity	33.8	<ul style="list-style-type: none"> • Camp Kno Koma • Sports physicals • Orthopedic coverage for area school and college sports events • Donations for sporting equipment, transportation and sponsorships for area schools • Place and maintain AED units for all schools in Putnam County. The program expanded to contiguous counties. • Support Charleston and Huntington Heart Walks and Go Red • Putnam County Homecoming Health Fair • Winfield Health Fair
#2	Access to Specialty Health Care	33.7	<ul style="list-style-type: none"> • Currently providing Surgery, Neurology, Urology, Orthopedics, Oncology, Vascular, Level III Cardiac Rehab and Pain Management
#3	Substance Abuse (Prevention, Treatment and Recovery Resources)	31.2	<ul style="list-style-type: none"> • Putnam County Homecoming Health Fair • Winfield Health Fair • Putnam County Health Improvement Advisory Committee • Putnam County Juvenile Drug Court Board of Trustees • 911 Advisory Committee • Medical Explorers • Smoke free campus for employees • Smoking cessation to patients and employees • Putnam Wellness Coalition
#4	High Blood Pressure/High Cholesterol	31.0	<ul style="list-style-type: none"> • Putnam County Homecoming Health Fair • Winfield Health Fair • Sports physicals • Education materials for Backpack Buddy Program • Level III Cardiac Rehab services
#5	Access to Affordable Health Care	29.3	<ul style="list-style-type: none"> • Reduced cost lab work • Sports physicals • Putnam County Homecoming Health Fair • Winfield Health Fair • Charity Care • Enrollment assistance for patients and families for health coverage
#6	Managing Weight/Exercising/Physical Fitness	29.3	<ul style="list-style-type: none"> • Camp Kno Koma • Sports physicals • Orthopedic coverage for area school and college sports events

			<ul style="list-style-type: none"> • Donations for sporting equipment, transportation and sponsorships for area schools • Place and maintain AED units for a schools in Putnam County. The program expanded to contiguous counties. • Support Charleston and Huntington Heart Walks and Go Red • Putnam County Homecoming Health Fair • Winfield Health Fair
#7	Low Income/Poverty	28.3	<ul style="list-style-type: none"> • Woman Up Conference • Putnam County Schools Health Services Cluster Career Conference • Volunteer at WV Healthright • HOSA – Health Occupations Students Association • Enrollment assistance for patients and families for health coverage • Charity Care • 24 hour Emergency Department • Backpack Buddy Program • Putnam Wellness Coalition
#10	Abuse/Neglect in Children	27.2	<ul style="list-style-type: none"> • Putnam Wellness Coalition • Officer Phil Program – Putnam County Sherriff’s Department • Mandatory reports to Department of Health and Human Services for child abuse • Provide trained nurse for the Sexual Assault Nurse Examiner (SANE) program
#12	Access to Affordable, Healthy Foods	24.7	<ul style="list-style-type: none"> • Backpack Buddy Program • Putnam Aging Agency
#13	Adequate Health and Wellness Activities/ Adequate Sidewalks	19.7	<ul style="list-style-type: none"> • Putnam Wellness Coalition • Support of Medical Response Team at Bible Center Church • STOP the Bleed Program • Camp Kno Koma • Sports physicals • Orthopedic coverage for area school and college sports events • Donations for sporting equipment, transportation and sponsorships for area schools • Place and maintain AED units for a schools in Putnam County. The program expanded to contiguous counties. • Support Charleston and Huntington Heart Walks and Go Red • Putnam County Homecoming Health Fair • Winfield Health Fair

The following community needs are not addressed by CAMC Teays Valley Hospital and the rationale is provided for each.

NEED NOT ADDRESSED		RANKING SCORE	REASON NOT ADDRESSED
#8	Sufficient Public Transportation	28.2	CAMC Teays does not have the capability or funding to address this issue.
#9	Depression/Anxiety	27.3	This issue is addressed by CAMC General Hospital in Charleston.
#11	Parenting Skills	26.2	This issue is supported through the Family Resource Center at Women and Children’s Hospital in Charleston.
#13	Adequate Sidewalks	19.7	CAMC Teays does not have the capability or funding to address this issue.

CAMC HEALTH SYSTEM INFRASTRUCTURE TO ADDRESS COMMUNITY NEED

As part of the CAMC Health System, CAMC Teays Valley Hospital has access to a number of resources that support community need.

The CAMC Health System provides quality care for our community residents throughout every stage of life focused on our key strengths of (1) clinical and technical excellence, (2) performance excellence culture and infrastructure and (3) education. We understand the leadership role that health care must play in providing exceptional medical care, charity care, education, corporate contributions and creating community partnerships to address the lives of the real people we care for every day. What sets us apart is our strong track record of developing partnerships to address health issues. Our creative investment of time and dollars will be even more important to our ongoing work as health care reform results in declining reimbursement and growing need for access to services. CAMC Health System’s history is one of establishing programs and services to meet the needs of the citizens of our community. From our beginning, our focus has been on assessing needs and working to provide the needed services, either solely or in partnership with others.



We recognize the responsibility we have serving the central and southern part of West Virginia. Our patients reside in the Appalachian valleys and mountains in sometimes still difficult to access remote areas. The CAMC Health System, as professionals individually and collectively, believe it is our responsibility to influence the quality of life in ways that transcend the role of a typical hospital. We seek to innovate and implement programs to assure that our people can enjoy all that West Virginia has to offer through the greatest possible health and well-being. CAMC Teays Valley Hospital is in existence today because we were asked by the Putnam County community to support its need for continued hospital and emergency services in the county.

SAFETY NET SERVICES

Charleston Area Medical Center provides trauma, NICU and PICU safety net services to central and southern West Virginia. These services support CAMC Teays Valley Hospital and the Putnam County community.

MEDICAL EDUCATION

Charleston Area Medical Center sponsors twelve accredited internship, residency and fellowship programs. Programs are accredited through the Accreditation Council for Graduate Medical Education (ACGME) and the American Osteopathic Association (AOA). CAMC sponsors three pharmacy residency programs, accredited by the American Society of Health System Pharmacy (ASHP); a clinical psychology internship, accredited by the American Psychological Association (APA); and a fellowship in oral maxillofacial surgery. CAMC also sponsors a School of Nurse Anesthesia accredited by the Council on Accreditation. CAMC works with education affiliates such as West Virginia University, the West Virginia School of Osteopathic Medicine and Marshall University.

CLINICAL TRAINING SITE

CAMC serves as a clinical training site for 1,473 students per year through educational affiliations from West Virginia and regional colleges and universities. Currently, there are 145 affiliations with health professions programs in 30 disciplines including nursing, pharmacy, physical therapy, physician assistant and other health disciplines.

RESEARCH and CLINICAL TRIALS

CAMC Health Education and Research Institute, Inc., a sister company to CAMC Teays Valley Hospital, is actively engaged in clinical trials and has active research protocols in oncology, cardiology/cardiovascular research, medicine and medicine subspecialties, behavioral health community medicine, pediatrics, nursing research and trauma/pain. The majority of this research is conducted at CAMC hospitals.

ALTHOUGH NOT COUNTED AS CAMC TEAYS VALLEY HOSPITAL COMMUNITY BENEFIT, CAMC HEALTH SYTEM COMPANIES PLAY A SIGNIFICANT ROLE IN COMMUNITY HEALTH IMPROVEMENT:

CAMC Health Education and Research Institute serves as the education and research arm of the CAMC Health System. The Institute promotes the health of the community by:

- Sponsoring health professional training programs training the region's health professionals.
- Providing continuing education to health professionals in the community, region and state.
- Sponsoring management and leadership development programs.
- Sponsoring community health education and prevention education programs for the community.
- Conducting clinical and health services research targeted to improve health and health services delivery for our patients and community.
- Pursuing special program funding and grants to support education and research programs.
- Promoting economic development through its employment of approximately 80 full-time education, research and support staff and through its extramural and externally funded sponsored programs.

2018–2020 CAMC Teays Valley Hospital Community Benefit Plan 2018 Progress on Implementation Strategies

The following community health strategies have been developed through Steps 1-3 of the Community Support Process. These strategies have been funded and are being implemented. The CAMC Board of Trustees approved the implementation strategies and reviews plan progress annually.

#1	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#1 Overweight/Obesity, #4 High Blood Pressure/High Cholesterol, #6 Managing Weight/Exercising/Physical Fitness, #13 Adequate Health and Wellness Activities
IDENTIFIED HEALTH ISSUE	Heart disease and heart attack risks are greater in Putnam County than West Virginia and the United States. There are limited Cardiac Rehab programs in Putnam County. Also, there are limited exercise opportunities for Cardiac Rehab patients after they have completed the program and insurance coverage ends.
COMMUNITY SERVED	Patients with cardiac events or at risk for heart disease.
PROGRAM DESCRIPTION AND RATIONALE	Provide ongoing exercise program for Cardiac Rehab patients after they complete their program.
STRATEGIC OBJECTIVE	PROVIDE PHYSICAL ACTIVITY OPPORTUNITIES FOR THE AT RISK CARDIAC POPULATION
GOALS TO ADDRESS THE HEALTH NEED	1. Provide a Level III Cardiac Rehab program 2. Provide exercise program for patients after they complete prescribed cardiac rehab program 3. Increase participation in Cardiac Rehab program
MEASURE	• Number of participants in exercise program.
TIMELINE	Exercise program underway in 2018 and ongoing.
RESOURCES	CAMC Teays Valley Hospital operational budget
PARTNERS/COLLABORATORS	Cardiac Service Line staff at CAMC Memorial Hospital
2018 Progress	The exercise program is underway and ongoing with 245 participants.

#2	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#1 Overweight/Obesity, #2 Access to Specialty Health Care, #3 Substance Abuse (Prevention, Treatment and Recovery Resources), #4 High Blood Pressure/High Cholesterol, #5 Access to Affordable Health Care, #6 Managing Weight/Exercising/Physical Fitness, #7 Low Income/Poverty, #13 Adequate Health and Wellness Activities
IDENTIFIED HEALTH ISSUE	Access to primary, emergency and specialty health care
COMMUNITY SERVED	Putnam County
PROGRAM DESCRIPTION AND RATIONALE	CAMC Teays Valley Hospital is the only acute care hospital and provider of 24/7 emergency department services in Putnam County.
STRATEGIC OBJECTIVE	PROVIDE ACCESS TO PRIMARY AND SPECIALTY HEALTH CARE FOR THE SERVICE AREA THROUGH MEDICAL STAFF RECRUITMENT AND ESTABLISHMENT OF A PRIMARY SITE FOR ALL SPECIALISTS
GOALS TO ADDRESS THE HEALTH NEED	<ol style="list-style-type: none"> 1. Recruit medical staff for high priority community needs. 2. Increase primary care services by placing a primary care office in Hurricane. 3. Improve access by increasing the number of specialists and by building a primary site for all specialties in one location.
MEASURE TO EVALUATE THE IMPACT	<ul style="list-style-type: none"> • Medical Staff recruited to serve community needs based on the Medical Staff Development Plan. • Primary Care practice will open in Hurricane in late 2019. • Primary Specialty practice building will open in late 2020.
TIMELINE	Ongoing
RESOURCES	Medical Staff recruitment and loan expenses; income guarantees; Capital funding for new buildings
PARTNERS/COLLABORATORS	CAMC & CAMC Ambulatory Service
2018 Progress	<ul style="list-style-type: none"> • Our Emergency Room physician staffing was stabilized by hiring Emergency Room physicians and mid-levels and cancelling our contract with an outside company to provide these services. • A surgeon was hired to work at CAMC Teays Valley Hospital. • Planning began for a new primary care office in Hurricane, WV. We anticipate the building to be completed in late 2020. • Planning began for a new multi-specialty building to house all CAMC Specialties in one building. We anticipate completion in early 2021. • An extension of the CAMC Cancer Center is located in Teays Valley, WV with full-time staff and physician coverage.

#3	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#3 Substance Abuse (Prevention, Treatment and Recovery Resources)
IDENTIFIED HEALTH ISSUE	Drug Use in Children and Teens
COMMUNITY SERVED	Putnam County
PROGRAM DESCRIPTION AND RATIONALE	The Putnam County Juvenile Drug Court is a cooperative effort of the juvenile justice, social services, law enforcement and education systems. Its purpose is to divert non-violent youths ages 10 to 17 who abuse alcohol or drugs from the juvenile court system into an intensive, individualized process that includes parental involvement and cooperation. Each youth is monitored and coached for drug use, school attendance, grades and relationships with family and peers.
STRATEGIC OBJECTIVE	DIVERT NON-VIOLENT YOUTH WHO ABUSE ALCOHOL AND DRUGS TO A DRUG AND ALCOHOL FREE FUTURE
GOALS TO ADDRESS THE HEALTH NEED	<ul style="list-style-type: none"> • Provide financial support to the Putnam County Juvenile Drug Court. • Provide leadership and sustainability to the program through the CAMC Teays Valley Hospital Administrator serving on the Board of Directors.
MEASURE TO EVALUATE THE IMPACT	<ul style="list-style-type: none"> • Percent of youth who complete the year-long program. • Percent drug and alcohol free at one, two and five years.
TIMELINE	2018-2020
RESOURCES	CAMC Teays Valley Hospital community benefit budget
PARTNERS/COLLABORATORS	Pretera Putnam County Youth Reporting Center Prosecuting Attorney's Office Probation Department Sheriff's Department Circuit Judge Board of Education WVDHHR Putnam County Health Department Putnam County Wellness Coalition
2018 Progress	<ul style="list-style-type: none"> • Putnam County Juvenile Drug Court Board of Trustees. In 2018, nine participants graduated. Between 2011 — 2018, the program graduated seventy-six participants. There were only two graduates that received additional juvenile charges. • 911 Advisory Committee • Putnam County Health Fair • Winfield Health Fair • Putnam County Health Improvement Advisory Committee • Medical Explorers

#4	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#13 Adequate Health and Wellness Activities, First Responder Service (from internal CAMC Teays Valley Hospital analysis)
IDENTIFIED HEALTH ISSUE	Medical Supplies for Emergency Situations in Putnam County
COMMUNITY SERVED	Putnam County
PROGRAM DESCRIPTION AND RATIONALE	CAMC Teays had a request from one elementary school in the county for first aid/first responder kits for each classroom. With the number of storms and tornado threats in the county and the increased frequency of active shooter occurrences, CAMC Teays recognized this as a broader need for all schools in the county and completed this in 2014. This was expanded to all law enforcement officers, emergency response personnel, and all Putnam County libraries.
STRATEGIC OBJECTIVE	<ul style="list-style-type: none"> • PROVIDE MEDICAL SUPPLIES FOR EACH NEW LAW ENFORCEMENT OFFICER • IMPLEMENT STOP THE BLEED PROGRAM
GOALS TO ADDRESS THE HEALTH NEED	<ul style="list-style-type: none"> • In the next 3 years, CAMC Teays will resurvey all police departments in Putnam County and provide bags for new officers that joined since the bags were first handed out. • Become the community resource for training.
MEASURE TO EVALUATE THE IMPACT	<ul style="list-style-type: none"> • Medical supplies and training provided for each new law enforcement officer in Putnam County. • Staff identified and trained to do STOP the Bleed Program.
TIMELINE	2019 – Stop the Bleed 2020 – New bags
RESOURCES	CAMC Teays community benefit budget
PARTNERS/COLLABORATORS	Putnam County Schools Putnam County Emergency Services Putnam County Law Enforcement Agencies Putnam County Health Department
2018 Progress	<ul style="list-style-type: none"> • Planning began for "Stop the Bleed Program" in 2018. The program will be implemented in 2019. The need for new emergency bags for law enforcement will be evaluated in 2020. • Girl Scouts of Kentucky Wilderness — First Aid Supplies • Putnam Wellness Coalition • Bible Center Church — Medical Supplies • Mountain View School — Supplies (drawstring bags)

#5	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#7 Low Income/Poverty, #12 Access to Affordable, Healthy Foods
IDENTIFIED HEALTH ISSUE	Children needing food in the summer when school is not in session
COMMUNITY SERVED	Putnam County low income children
PROGRAM DESCRIPTION AND RATIONALE	Hunger is a health issue and a social determinant of health. A number of Putnam County households are considered food insecure, a condition that adds to the cost of health care every year.
STRATEGIC OBJECTIVE	PROVIDE FOOD TO LOW INCOME CHILDREN DURING THE SUMMER THROUGH THE BACKPACK BUDDY PROGRAM
GOALS TO ADDRESS THE HEALTH NEED	Distribute food to needy children by mail during the summer.
MEASURE TO EVALUATE THE IMPACT	<ul style="list-style-type: none"> • Number served.
TIMELINE	Offer annually
RESOURCES	CAMC Teays Valley Hospital community benefit budget and donated time to pack boxes for mailing. CAMC Teays Valley Hospital Administrator serves on the Board for Putnam County Backpack Buddy Program
PARTNERS/COLLABORATORS	United Way of Central West Virginia Local businesses and civic organizations
2018 Progress	<ul style="list-style-type: none"> • Backpack Buddy Program - In 2018, one thousand nine hundred and twenty-seven (1,927) food boxes were provided to students during the summer months. • Putnam County Schools Health Services Cluster Career Conference • Volunteer at WV Healthright • HOSA — Health Occupations Students Association • Enrollment Assistance for Patients and Families for Health Coverage • Charity Care • 24 hour Emergency Department • Flu Shot Clinic • Donations for school supplies for less fortunate children • Medical Explorers • Putnam County Career Fair • Elementary School Safety Booklets • Putnam County Emergency Services student texting and driving • Putnam Aging

#6	CAMC Teays Valley Hospital
COMMUNITY HEALTH NEED	#1 Overweight/Obesity, #4 High Blood Pressure/High Cholesterol, #6 Managing Weight/Exercising/Physical Fitness, #13 Adequate Health and Wellness Activities
IDENTIFIED HEALTH ISSUE	There is a need to modify risk factors for cardiovascular disease. Heart disease and heart attack risks are greater in Putnam County than West Virginia and the United States. Comprehensive risk factor modification will reduce risk and will require greater access to primary, emergency, and specialty health care as well as partnerships with other community members to increase awareness and opportunities for healthier lifestyles.
COMMUNITY SERVED	Putnam County residents who are at risk for cardiovascular disease and those with cardiovascular events.
PROGRAM DESCRIPTION AND RATIONALE	Comprehensive risk factor identification and modification to prevent cardiovascular events.
STRATEGIC OBJECTIVE	INCREASE IDENTIFICATION AND AWARENESS OF CARDIOVASCULAR DISEASE; INCREASE PHYSICAL ACTIVITY FOR THE AT RISK POPULATION
GOALS TO ADDRESS THE HEALTH NEED	<ul style="list-style-type: none"> • Provide community-wide and office-based information on modifying cardiovascular disease risk. • Work with community partners to focus on modifiable risk factors (tobacco, obesity, diet, exercise). • Promote and participate in the Walk for Heart Health in Huntington and Charleston to create awareness of Heart Disease in Putnam County.
MEASURE TO EVALUATE THE IMPACT	<ul style="list-style-type: none"> • Number of patients counseled as part of a risk reduction program. • Number of community media messages to raise awareness of Cardiovascular Disease. • Number of participants in exercise program(s). • Walk for Heart Health number of participants.
TIMELINE	2018-2020
RESOURCES	CAMC Teays Valley Hospital
PARTNERS/COLLABORATORS	Putnam County Health Department Putnam County Wellness Coalition
2018 Progress	<ul style="list-style-type: none"> • Putnam County Fair • Winfield Health Fair • Medical Explorers • Smoke Free Campus for Employees • Planning has started to recruit a CAMC cardiologist to work in Putnam County. Use this office to provide community-wide and office-based information modifying cardiovascular risk. • Promote and participate in the Walk for Heart Health in Huntington, WV and Charleston, WV to create an awareness of heart disease in Putnam County.

APPENDIX A

2018 COMMUNITY BENEFIT PROGRAMS FOR CAMC TEAYS VALLEY HOSPITAL

2018 CAMC Teays Valley Hospital Community Benefit Activities

Community Health Improvement Services (A) Community Health Education (A1)

WV Health Occupations Students of America (HOSA)

Description: Provided a clinical judge for the West Virginia Health Occupations Students of America's annual skills competition.

Category: A1

Gender: Both Males and Females

Community Need: Poverty – Including Lack of Food

Objective: Provide support to WV HOSA who works with area students interested in healthcare professions to develop leadership and academic skills.

Persons: 45

Expenses: 350

Revenues: 0

Benefit: 350



	Expenses	Revenues	Benefit	Persons
*** Community Health Education	350	0	350	45

Community Based Clinical Services (A2)

Camp Kno Koma

Description: Provided nursing staff and supplies for Camp Kno Koma, a children's camp for diabetic children ages 7 – 15. Nurses provided nursing care and diabetes education for the camp.

Category: A2

Gender: Both Males and Females

Community Need: Physical Inactivity

Objective: Provide a safe camping experience for diabetic children and provide diabetes education to the children.

Persons: 136

Expenses: 17,281

Revenues: 0

Benefit: 17,281



Flu Shot Clinic

Description: Free Flu Shot Clinic provided to the community for ages 6 months and older.

Category: A2

Gender: Both Males and Females

Objective: Participants will increase their resistance to the flu virus.

Persons: 124

Expenses: 1,973

Revenues: 0

Benefit: 1,973

Free Sports Physicals for Students

Description: Conducted sports physicals and evaluations for all area middle school, high school, and college students.

Category: A2

Gender: Both Males and Females

Community Need: Physical Inactivity
Objective: To ensure that area children can safely compete in our community's organized sports programs.
Persons: 265
Expenses: 11,471
Revenues: 0
Benefit: 11,471



Orthopedic Physician Coverage for Area High School and College Sporting Events

Description: Provided onsite orthopedic physician coverage for athletes, cheerleaders and band members.

Category: A2
Gender: Both Males and Females

Community Need: Physical Inactivity
Objective: On site health care coverage for area athletes.
Persons: 210
Expenses: 28,000
Revenues: 0
Benefit: 28,000

	Expenses	Revenues	Benefit	Persons
*** Community Based Clinical Services	58,725	0	58,725	735
Health Care Support Services (A3)				

Enrollment Assistance for Patients & Families for Health Coverage

Description: Patient Accounts provides support to patients for enrollment in government programs or in obtaining charity care. Financial Counselors address the charity process for CAMC Teays Valley patients.

Category: A3
Gender: Both Males and Females

Community Need: Poverty – Including Lack of Food
Objective: Help patients find a means of paying for their healthcare.
Persons: 170
Expenses: 39,520
Revenues: 0
Benefit: 39,520

	Expenses	Revenues	Benefit	Persons
*** Health Care Support Services	36,225	0	36,225	220

	Expenses	Revenues	Benefit	Persons
**** Community Health Improvement Services	95,300	0	95,300	960

**Financial and In-Kind Contributions (E)
Cash Donations (E1)**

American Heart Association Fund Raising Event

Description: A fundraising event for the American Heart Association heart health walks.

Category: E1
Gender: Both Males and Females

Community Need: Physical Inactivity
Objective: To promote exercise, health awareness and raise money for the battle against heart disease.
Persons: 40
Expenses: 2,600



Revenues: 0
Benefit: 2,600

Civic Affairs Donations

Description: Donations made to local civic organizations to promote the health and well-being of the community. The hospital provided donations to the following activities: Putnam County Parks and Recreation, the City of Hurricane, the United Way's Backpack Buddy Food Program, the Putnam County Chamber of Commerce, Putnam County Fair, Putnam County Amateur Radio Emergency Services, Putnam Aging, Hospice, Tri-County YMCA, Girl Scouts, Brothers in Blue First Responders Senior Food Program, and the Battle in the Gorge EMS Competition.

Category: E1
Gender: Both Males and Females
Objective: To promote education, health and well-being in the community.
Persons: 4,500
Expenses: 18,944
Revenues: 0
Benefit: 18,944



Sponsorship of Various High School Middle School, Elementary School Athletic Teams/Clubs/Events

Description: Cash donations to provide children attending area schools with sporting equipment to promote exercise and healthy lifestyles. Items purchased were athletic shoes for low income children, archery equipment, playground equipment, cheerleading equipment, pedometers and uniforms.

Category: E1
Gender: Both Males and Females
Community Need: Physical Inactivity
Objective: To promote exercise and provide an opportunity for low income and other children to participate in sports activities in the local community.
Persons: 810
Expenses: 4,970
Revenues: 0
Benefit: 4,970

	Expenses	Revenues	Benefit	Persons
*** Cash Donations	26,514	0	26,514	5,350
**** Financial and In-Kind Contributions	26,514	0	26,514	5,350

**Community Building Activities (F)
 Community Support (F3)**

Community Board Participation by CAMC Teays Valley Administration

Description: Randy Hodges, Administrator, served on the board of the Putnam County Chamber of Commerce, Maura Rae Kuhl AED Foundation, Region 2 Workforce Development, and Board of the Putnam County Drug Court.

Wanda Marks, Patient Flow Coordinator, served on the Juvenile Diabetes Research Foundation and Putnam County Nursing Advisory Committee.

Dr. Kenneth McNeil provided volunteer physician services at the West Virginia Health Right

free clinic.

Carol Williams, Nurse Manager, served on the Putnam county Nursing Advisory Committee.

Category: F3
Gender: Both Males and Females
Objective: To provide the community with management expertise and health care knowledge.
Persons:
Expenses: 21,147
Revenues: 0
Benefit: 21,147

	Expenses	Revenues	Benefit	Persons
*** Community Support	21,147	0	21,147	0

Workforce Development (F8)

Medical Explorers

Description: A program designed to introduce youth in Putnam County who are 14 years of age and have completed the 8th grade or are ages 15 to 20 and have designated health care as their health cluster to the health care environment.

Category: F8
Gender: Both Males and Females
Community Need: Tobacco, Parental Oversight, Drug Use
Objective: Increase health career awareness by educating middle and high school students about health professions and careers.
Persons: 20
Expenses: 150
Revenues: 0
Benefit: 150



Putnam County Career Fair, Health Services Career Conference, and Portfolio Expositions

Description: Area high school students and adults are provided information on the educational requirements for various health care careers and available positions at CAMC Teays Valley Hospital. Hospital staff participates in the review of the student's school portfolio, resumes and conduct mock interviews with each student.

Category: F8
Gender: Both Males and Females
Community Need: Poverty – Including Lack of Food
Objective: Promote careers in health care and insure an effective workforce is in place to meet the needs of the community.
Persons: 750
Expenses: 794
Revenues: 0
Benefit: 794

	Expenses	Revenues	Benefit	Persons
*** Workforce Development	944	0	944	770

	Expenses	Revenues	Benefit	Persons
**** Community Building Activities	22,091	0	22,091	770

**Community Benefit Operations (G)
Dedicated Staff (G1)**

Community Benefit Operations

Description: Facility staff dedicated to Community Benefit Reporting and conducting the Community Needs Assessment for the hospital.

Category: G1

Gender: Both Males and Females

Objective: To compile and report the organization's community benefit by surveying the individual departments, administrators, and other staff at our hospital.

Persons: Unknown

Expenses: 3,325

Revenues: 0

Benefit: 3,325

	Expenses	Revenues	Benefit	Persons
*** Dedicated Staff	3,325	0	3,325	0

	Expenses	Revenues	Benefit	Persons
**** Community Benefit Operations	3,325	0	3,325	0

	Expenses	Revenues	Benefit	Persons
Number of Programs 13 Grand Totals	147,230	0	147,230	7,080

Totals:

Number of Programs: 13

Persons: 7,080

Expenses: 147,230

Revenues: 0

Benefit: 147,230